



BOMBAY HOSPITAL TRUST



Consultant : Dr Suvarna Satish Khandilkar

Speciality : Endocrinology & Gynaecology

Qualifications : MD, DGO, FICOG, CIMP, PG DIPLOMA, Endocrinology (UK), PGDIP (Endo)(UK)

Area Of Interest : Puberty Disorders, Menstrual Disorder, PCOD, Basic Infertility, IVF, Menopause, Osteoporosis, Obesity, Male & Female Endocrinological Problem, Thyroid DisOrder, Health Counselling.

Experience : 29 Yrs

Days	Mon	Tue	Wed	Thu	Fri	Sat
Timings	2 PM – 4 PM					--
Room No.	129 B (1 st Flr. MRC Bldg.)					--

Contact Details

E-Mail : suvarnakhandilkar@yahoo.com

Mobile : 09820078703

Clinical experience:

Completed 12 months Rotatory internship in all faculties of medicine in urban as well as rural hospitals, on 18-1-84.

Houseposts in Obstet and Gynae for 18 months.

Registrar and PG Student for 12 months.

Family Planning Office, IMA Mumbai for 2 months.

Research Assistant, ICMR, Mumbai for 2 months

Consultant in Obst. & Gynae dept, Sir J. J. Group of Hospitals, Mumbai since August, 1988 to May 2010.

Professor and Head of the Department Obstetrics and Gynecology, RCSM Government Medical College, Kolhapur, September 2010-13

Consultant Endocrinologist and Gynecologist, Bombay hospital institute of medical sciences[BIMS], Mumbai., August 2013 onwards

Academic Positions

&Teaching experience : Recognised teaching Faculty to university of south Wales, UK

Teaching experience in obst. Gyn. From August 1988 to date [>25 years] Mumbai University

Recognised Postgraduate teacher for DGO and MD, Obstet.& Gynaec, Mumbai University since 1995 to date

Examiner MBBS ,DGO, MS/MD, MUHS Nashik and Mumbai University , College of Physicians and Surgeons, Mumbai.

Special interest: Puberty disorders, Menstrual disorders, PCOS, Thyroid disorders, Menopause, Osteoporosis, Obesity Gynec-endocrinology, Basic Infertility, IUI, Male and Female endocrinological problems of Pituitary, Thyroid, Adrenal gland, Preventive oncology, Health Counselling

Other Organizational Positions:

1. Joint Treasurer, 2015-8, Federation of Obstetricians and Gynaecologists of India.
2. President, AMWI, Mumbai, 13th board of trustees, 2013-6
3. President Elect, 2017, Vice president, 2015 Indian menopause society.
4. Joint Associate Editor Journal of ObGyn. of India [JOGI] [Indexed] FOGSI, 2014-16
5. Chairperson Reproductive Endocrinology Committee of FOGSI 2011-14
6. Managing committee member, MOGS and Chairperson menopause committee, family welfare, Reproductive endocrinology Committee, academic cell, Mumbai ObGyn Society 2002 to date
7. Founder member GESI: Gynec-Endocrinology Society of India
8. Ex-In-charge specialty infertility clinic, Cama hospital, Mumbai. Started IUI clinic in a public hospital for first time, work done in the clinic got recognition worldwide 1999

Publications and Research: Edited Total 5 books and wrote total 46 articles. Author of over 35 research papers of which 18 papers have won various prizes at local, state, national and international level.

Publications:

A] RESEARCH PAPERS:

INTERNATIONAL INDEXED PUBLICATIONS:

“Cited author of many of my publications in international literature”

- 1) **INTERNATIONAL INDEXED PUBLICATION: NOMINATED FOR THE YOUNG SCIENTIST AWARD JAPAN, AMONG BEST 5 PUBLICATIONS DURING YEARS 2002-2003:** Khadilkar SS, Desai SS, Purandare C.N., Tayade S.M, Amniotic Fluid Index In Normal Pregnancy: An Assessment Of

Gestation Specific Reference values Among Indian Women:Journal of obst gyn research, 29:3: June 2003 : This article is cited by: 7 international articles and books:

2) INTERNATIONAL INDEXED PUBLICATION: M Patel, S.Kadam,SS khadilkar, S. Tayade C.N.Purandare, Grant Medical College, Byculla, Mumbai 400008, India. SAFETY AND EFFICACY OF MISOPROSTOL, IN SECOND TRIMESTER MTP: A COMPARATIVE STUDY International Journal Of Gynaecology And Obstetrics, volume 70, pg A15, 2000.[Official journal of FIGO] FC1.01.09

3] INTERNATIONAL INDEXED PUBLICATION SS khadilkar, C.N.Purandare, S. Tayade, JA Lopez, N.Gada., Grant Medical College, Byculla, Mumbai 400008, India. ROLE OF METFORMIN IN PCOD: A COMPARATIVE STUDY. International Journal Of Gynaecology And Obstetrics, volume 70, pg B 43, 2000 [Official journal of FIGO] FC2.12.08

NATIONAL INDEXED PUBLICATIONS:

1. SSKhadilkar, JA Lopez, C.N.Purandare, KKDeshmukh. Evaluation of pregnancy outcome following encercilage operation using USG & scoring system : Journal of Obstet. Gynecol. India : 18-21, 1988.
2. Khadilkar S S, Panandikar D, Purandare C N, Deshmukh K K., Foetal Surgery For Posterior Urethral Valve, Obstruction, J Obstet Gynaecol India, 1992;42:111.
3. SKPatil, RH Ghregrat, SS khadilkar, KKDeshmukh. Correlation of non-stress test and amniotic fluid volume in antenatal fetal monitoring : Journal of Obst. Gyn. Of India. 177-181, 1993.
4. SS Khadilkar, DMPanandikar, SKGawhale, C.N.Purandare, KKDeshmukh. Small cell carcinoma of cervix : Journal of Obst. Gyn. Of India, pg 111, 1992.
5. SS Khadilkar, M Thorat,UB Saraiya. Caesarian section in twin pregnancies changing trends: Bombay Hospital Journal 507-509, Vol.39(3), 1997.
6. N A Nayak, SS Khadilkar, MS Potwar, KM Algotar. Case of twin ectopic gestation : Journal of Obst. Gyn. of India,49(3):84-85,June,1999.
7. NV Borkar,S Rao,Khadilkar SS, V A Hishikar. Vaginal Delivery in a case of pregnancy with cervical fibroid - published in Journal of Obst. Gyn. of India,49(2):77, April 1999.
8. Latha R.S Rao, Khadilkar SS, V A Hishikar. Cervical pregnancy with Broad Ligament Haematoma published in Journal of Obst. Gyn. of India,49(2):75, April 1999.
9. **Khadilkar SS, Parathe G,Tayade S.M** The role of sperm function tests in unexplained infertility". Journal of Obst. Gyn. of India,51: 2001 ,this article is cited by many authors
10. Khadilkar SS ,ARMore.Genital tuberculosis in infertility: Journal of the association of medical women in India,36(2):1,Dec 2000

11. ShivkarKS, Khadilkar SS, Gandhewar M Pressure balloon therapy in uncontrolled obstetrical hemorrhage. Journal of Obst. Gyn. of India,53:4: july august 2003 , this article is cited by many authors
12. SS Khadilkar ,Usha Saraiya.Tuberculosis in pregnancy: A ten year overview: J obst Gynecol Ind Vol 53, no.5, Sept/ Oct 2003; 453-457. This article is cited by many authors
13. Suvarna Khadilkar, Dr. Rajwani Jasmine. Merits & Demerits of use of Indomethacin in Polyhydramnios Journal of the association of medical women in India,41(1):Nov. 2007, centenary congress special issue.
14. A rare case of ovarian malignancy presenting as neurological paraneoplastic syndrome. Mundada Pravinkumar R, Yadav B,Jeve, patel Madhuri A, Purandare ChittaranjanN,Khadilkar suvarna s, khadilkar satish V Journal of Obstet. Gynecol. India 59(5): 2009,483-5.
- 15.Namita Agarwal, Sachin Naiknaware, Khadilkar SS.An early Primary abdominal pregnancy: Journal of Obstet. Gynecol. India ,(61),2011.
16. **Editorial** : Menopausal HRT: An update, JOGI August 2012 Journal of Obstet. Gynecol. India
17. **Editorial** :The emerging role of vitamin D in women's health June 2013 Journal of Obstet. Gynecol. India.

B)BOOK CHAPTERS: OVER 16 BOOK CHAPERS:

1. **Khadilkar S S.** Tibolone: A promising approach to HRT. In Progress in reproductive endocrinology Vol 1, Ed. Nimish R Shelat, Suvarna S Khadilkar Jaypee Bros. New Delhi, 2003; 191-198.
2. **Mehta R U, Khadilkar S S.** Diagnosis of osteoporosis. In Progress in reproductive endocrinology Vol 1, Ed. Nimmish R Shelat, Suvarna S Khadilkar Jaypee Bros. New Delhi, 2003; 183-190.
3. **Khadilkar S S.** Endometrium in DUB. In Dysfunctional uterine bleeding-an update. Ed. C N Purandare, Suvarna S Khadilkar Jaypee Bros. New Delhi, 2004; 27-42.
4. **Agarwal M B, Khadilkar S S** Hematological Aspects Of DUB. In Dysfunctional Uterine Bleeding-An Update. Ed. C N Purandare, Suvarna S Khadilkar Jaypee Bros. New Delhi, 2004; 73-87.
5. **Patel M A, Khadilkar S S.** Post Menopausal Osteoporosis. In Menopause: Current Concepts. Ed. C N Purandare, Suvarna S Khadilkar Jaypee Bros. New Delhi, 2004; 42-66.
6. **Khadilkar S S.** Selective Estrogen Receptor Modulators. In Menopause: current concepts. Ed. C N Purandare, Suvarna S Khadilkar Jaypee Bros. New Delhi, 2004; 144-154.
7. **Saraiya U B, Khadilkar S S.** Age Factor In Cancer In Women. In Clinical Practice Of Common Geriatric Problems In Women. Ed. Sood-Khanna M, Raghunandan C, Gupta U. Jaypee bos. New Delhi. Ed 1 2003; 65-74.

8. **Khadilkar S S.** Cytology Of Cervix. In Gynecological Cancer. Ed. Purandare C N, Patel M A. Jaypee Bros. New Delhi, ed. 1, 2007; 158-170.
9. **Khadilkar S S.** Post Operative Management. In Text Book On Complications In Gynecological Surgery. Ed. Shobhana M, Sabnis A. Jaypee Bros. New Delhi, ed. 1 2006; 14-20.
10. **Purandae C N, Khadilkar S S , Purandare N C.** Conventional oral contraception. In Contraception, past, present and future. Ed. Parihar M, Bhalerao Gandhi A. Ed. Jaypee brothers, New Delhi, 2006; 93-109.
11. **Khadilkar S S, Khadilkar V V.** Obesity And Eating disorders. In The Youth And Us. Ed. Shah Duru, Wani Reena, A FOGSI publication, 2006
12. **Khadilkar S S. Estrogen gel. In Manual on “New drugs and instruments in obstetrics and gynaecology” Ed. Pai Rishma , A FOGSI publication, 2007**
13. **Khadilkar S S. Post partum management of HIV infected women, in HIV in women, FOGSI FOCUS FOGSI publication nov 2008, pg24-25**
14. **Khadilkar S S. : Diagnosis and Mangement Of IUGR FOGSI FOCUS, fogs publication Jan 2009, pg16-19.**
15. Usha Saraiya and **Khadilkar S S. Pregnancy and tuberculosis , in 5th edition of the FOGSI Publication, pregnancy at risk 2009[in press]editors Dr.Usha Krishna, Dr. duru Shah , Dr Nozer sheriar, Dr Vinita Salvi, Dr Kaizad Damania**
16. **Khadilkar S S Eating disorders, 1st edition gynecological manual on adolescent girls and young Ed. Bhalerao Gandhi A., Parag Binniwale Jaypee brothers, medical publishers(p) LTD New Delhi, 2009, pg 347-354**
17. HERs trial: the facts and the myths : Menopause an update ed Purandare CN and Mandakini Parihar **FOGSI FOCUS 2010**
18. **Khadilkar S S ‘Aetiopathology of Abnormal Uterine Bleeding (AUB)’ Frequently Asked Questions On Abnormal Uterine Bleeding, editor editor Khadilkar SS, a FOGSI publication by Torrent publications, 2012 pp12-14**
19. **Khadilkar S S, Singh A ‘Endometrial sampling : How and when?’ Frequently Asked Questions On Abnormal Uterine Bleeding, editor editor Khadilkar SS, a FOGSI publication by Torrent publications, 2012 pp 32-36**
20. **Khadilkar S S, ‘Abormal uterine bleeding with Co-morbidities’ Frequently Asked Questions On Abnormal Uterine Bleeding, editor editor Khadilkar SS, a FOGSI publication by Torrent publications, 2012 pp 97-112**
21. **Khadilkar S S, ‘Perimenopausal Bleeding’ Frequently Asked Questions On Abnormal Uterine Bleeding, editor Khadilkar SS, a FOGSI publication by Torrent publications, 2012 pp 123-126.**
22. **Khadilkar S S, ‘Oophorectomy: To Do or Not to DO?’ Frequently Asked Questions On Abnormal Uterine Bleeding, editor Khadilkar SS, a FOGSI publication by Torrent publications, 2012 pp136-143**
23. **Khadilkar S S, ‘Abormal uterine bleeding: Case Based Management and Discussion’ Frequently Asked Questions On Abnormal Uterine Bleeding, editor Khadilkar SS, a FOGSI publication by Torrent publications, 2012 pp 144-150.**
24. **Khadilkar SS, SinghS ‘Pancreas’ chapter 5, Endocrinology in Obstetrics and Gynecology editor Khadilkar SS , A FOGSI publication by Jaypee publishers, 2015 pp56-61**

25. Khadilkar SS, More V 'Pineal Gland' chapter 3, Endocrinology in Obstetrics and Gynecology editor Khadilkar SS , A FOGSI publication by Jaypee publishers,2015 pp 19-23
26. Khadilkar SS, Naiknaware S 'Human Skin and Adipose Tissue as Endocrine Units and Exercise Physiology' chapter 10, Endocrinology in Obstetrics and Gynecology editor Khadilkar SS , A FOGSI publication by Jaypee publishers,2015 pp 62-75
27. Khadilkar SS, 'Amenorrhoea: Clinical Evaluation and Treatment' chapter 19, Endocrinology in Obstetrics and Gynecology editor Khadilkar SS , A FOGSI publication by Jaypee publishers,2015 pp 155-166
28. Khadilkar SS, More V 'Miscellaneous Pituitary Disease' chapter 21, Endocrinology in Obstetrics and Gynecology editor Khadilkar SS , A FOGSI publication by Jaypee publishers,2015 pp 177-183
29. Khadilkar SS, Singh S 'Miscellaneous Endocrinopathies During Pregnancy' chapter 37, Endocrinology in Obstetrics and Gynecology editor Khadilkar SS , A FOGSI publication by Jaypee publishers,2015 pp 357-366

C) BOOKS: Edited Following Books And Journals:

1. Endocrinology in obstetric and gynecological practice, Jaypee publications 2015
2. Editor, FAQ on AUB, Reproductive Endocrinology Committee,[REC] FOGSI publication, sept Three news letters of Endocrinology committee, FOGSI 2011-2 , 2012-3, and 2014-5
3. PROGRESS IN REPRODUCTIVE ENDOCRINOLOGY, FIRST EDITION 2003[JAYPEE PUBLICATION UNDER AUSPICES OF FOGSI]
4. DYSFUNCTIONAL UTERINE BLEEDING: AN UPDATE 2004[JAYPEE PUBLICATION UNDER AUSPICES OF FOGSI]
5. MENOPAUSE : CURRENT CONCEPTS: 2004 [JAYPEE PUBLICATION UNDER AUSPICES OF FOGSI]
6. Guest Editor :Guest Editor for AMWI centenary congress special issue, Journal, Nov 2007

D) RELEASE of Educational CDs :

- Editor of Educational CD IMS Symposia, conducted 22 CMEs on menopausal health all over India, 2008.
- DVD, and CD on Perimenopausal bleeding : controversies and consensus, REC, FOGSI 2011, 2012, 2013
- CD on Endocrinology update 2013

PRESENTATION OF RESEARCH PAPERS:

Presented as chief author /coauthor/guide] over 50 papers at Local National and International level:

Prominant international presentations:

- 1] Laparoscopy in Infertility: Is it being overused? Original research paper :International conference on Fallopian tubes :Feb 6-8; 1998.
- 2] Recipient of “ The best scientific paper prize” at the world congress on practical management of infertility, held in September’99,organized by FOGSI & Bombay Hospital, for my work on “ The role of sperm function test in unexplained infertility”.
- 3] AOFOG 2002:asian oceanic federation of ob gyn society coference: complete protection from unwanted pregnancy: short term use of depoprovera: key to success!
- 4] SAFOG:2003 South Asian Federation Of Ob Gyn Coference: presented “acceptance awareness dispropotion – a bitter truth about MTP and contraceptives”
- 5] World 1997 conference on labour ad delivery: [guide & main author] LSCS in twins delivery, changing trends
- 6] Fetal outcome with active management of labour 13th World Congress of Gyn. Obst.(FIGO) 1991, Singapore.
- 7] International conference on High risk pregnancy: october2005 presented research paper “Maternal and fetal outcome using modified biophysical profile with Indian Reference Range for AFI”

8] International conference on High risk pregnancy: october2005

Guest lecture: LSCS for all twins delivery

9] **World conference on recent advances in obstetrics and gynecology September 2009, invited to deliver a lecture on medical management of osteoporosis.**

PRIZES and AWARDS: Total of 28 awards

A] Academic and research:

INTERNATIONAL:

1. Recipient of “ The best scientific paper prize” at the world congress on practical management of infertility, held in September’99,organized by FOGSI & Bombay Hospital, for original work on “ The role of sperm function test in unexplained infertility”.
2. NOMINATED FOR THE YOUNG SCIENTIST AWARD JAPAN, AMONG BEST 5 PUBLICATIONS DURING YEARS 2002-2003:Amniotic Fluid Index In Normal Pregnancy: An Assessment Of Gestation Specific Reference values Among Indian Women:Journal of obst gyn research, 29:3: June 2003
3. Peripartum Blood Loss Assessment: A Challenge. Best research paper Central Asia Regional conference of AMWI, 30-1-10, May Fair Rooms Worli.
4. Accidental Hemorrhage: An Obstetric Disaster Central Asia Regional conference of AMWI, 30-1-10, May Fair Rooms Worli.

This article is cited by: 5 international articles and books

NATIONAL:

5. Awarded the “Dr. Kumud P.Tamaskar Research prize” for the best research work in the field of infertility for the year 1999, for original work on “The selection of patients for diagnostic laparoscopy in infertility”, by FOGSI at national conference at Luknow in Dec 1999
6. Dr. C.L.Zaveri prize for Value of NST in fetal monitoring at 34th all India Obst Gynae congress,dec 1990[co-author]
7. Dr. C.S. Dawn prize, for best paper presentation at national FOGSI conference,AHEMEDABAD, Dec 2000: Abnormal cytology: A clinical histopathological and colposcopolical correlation

8. Awarded the "FELLOWSHIP OF INDIAN COLLEGE OF OBSTETRICS AND GYNAECOLOGY," year 2000
9. N.k dutta FOGSI award for the best publication of the year for the book DUB an update year 2004
10. Nimish shelat FOGSI reproductive endocrinology award year 2006 for research thesis on "complete protection with DMPA "
11. Svizera FOGSI BEST Research on MENOPAUSE, kolkata 2007
12. The golden jubilee award, 2009 of AMWI for thesis "35 + clinic – an experience"geriatric care, awarded at central asia regional conference of AMWI, 30-1-10, may fair rooms worli.

State level:

13. Best scientific paper on MCH at All Maharashtra Obst. Gyn.society conference in 1999, AMOGS'99. Use of Indomethacin in Hydramnios: Risks against benefits.

Local Mumbai level:

14. Recipient of the " DR. PRAMILA BHATIA YOUNG SCIENTIST AWARD", for my achievements in the year 1999-2000 and my work on "Amniotic Fluid Index In Normal Pregnancy: An Assessment Of Gestation Specific Reference Range Amongst Indian Women", at 28th Mumbai Obstetrics and Gynaecological conference.
15. Dr. S.N.Bhansali charitable trust prize,1998, for research on Tuberculosis in infertility: Clinico laparoscopic correlation[Guide and co-author]
16. Best paper prize[Dr.D.K.Tank prize] in Interesting cases session,23rd annual conference of BOGS,1995,for the paper "The XY Female".[guide and co-author]
17. Dr. SN Bhansali prize,2000 for the best paper on infertlity: HOS test should it be a part of routine semen analysis?[guide and co-author]

18. The MOGS Johnson and Johnson best research prize in field of infections in obstetrics and gynaecology March 2001: "TUBERCULOSIS IN PREGNANCY: A TEN YEARS REVIEW"
19. Best research paper research society, GMC, Mumbai: 2002 acceptance awareness disproportion a bitter truth about MTP and contraception [guide and coauthor]
20. Duru shah best committee award for menopause committee, MOGS , 2002
21. Duru shah best committee award for menopause committee, MOGS for consecutive two years, 2003
22. The best research paper award silver medal, "the role of essential fatty acid in pregnancy", shirin Mehtaji competition, AMWI, 2007, Mumbai? [guide and co-author]
23. "The panic with pancytopenia" best paper award in 37th annual MOGS conference , mumbai. March 2009 [guide and co-author]
24. Dr. D K Tank award for the best paper on an interesting case " Fibroid Uterus : Where There Is Will There Is A Way" presented on 14-2-2010 annual MOGS conference, ITC parel.
25. Duru shah best committee award ,MOGS for the third year, 2012-3
26. Peripartum Blood Loss Assessment: A Challenge.: MOGS Belvi prize, for research on obstetric emergencies, main author, guide, 2013
27. DC Dutta award for best publication of the year 2013 for the book edited by me on 'FAQ on AUB.'

B] Patient care during 26-11-08 terrorist attack on Cama And Albless hospital:

28. **Appreciation award** by Director of medical education, Dean and superintendent , Cama and Albless hospital, government of Maharashtra on 26-1-08
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□□□□□□" □□□□□□ □□□.(Bravery Award received at the hands of Chief
Minister Honorable Mr Ashokrao Chavan on account of saving lives of more than
200 patients admitted in the wards on the day of 26-11-08 -terrorist attack on
Cama And Albless hospital, Mumbai.)

14-8-2015 *S. Shadillan*